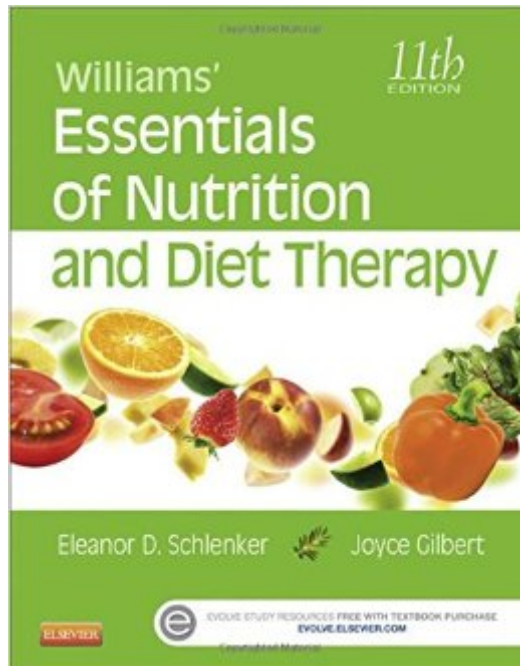


The book was found

# Williams' Essentials Of Nutrition And Diet Therapy, 11e



## Synopsis

From basic nutrition principles to the latest nutrition therapies for common diseases, Williams' Essentials of Nutrition & Diet Therapy, 11th Edition offers a solid foundation in the fundamental knowledge and skills you need to provide effective patient care. Authors Eleanor Schlenker and Joyce Gilbert address nutrition across the lifespan and within the community, with an emphasis on health promotion and the effects of culture and religion on nutrition. Evidence-based information, real-world case scenarios, colorful illustrations, boxes, and tables help you learn how to apply essential nutrition concepts and therapies in clinical practice. Key terms identified in the text and defined on the page help reinforce critical concepts. Case studies illustrate key concepts in authentic, "real-life" scenarios that reinforce learning and promote nutritional applications. Evidence-Based Practice boxes summarize current research findings. Diet-Medication Interactions boxes provide diet-warnings related to specific prescription drugs. Focus on Culture boxes introduce you to cultural competence and the special nutritional needs, health problems, and appropriate interventions applicable to different cultural, ethnic, racial and age groups. Health Promotion section devoted solely to health promotion and wellness stresses healthy lifestyle choices and prevention as the best "medicine." Focus on Food Safety boxes alert you to food safety issues related to a particular nutrient, age group, or medical condition.

[Download to continue reading...](#)

Williams' Essentials of Nutrition and Diet Therapy, 10e (Williams' Essentials of Nutrition & Diet Therapy) Nutrition Essentials and Diet Therapy, 11e (Nutrition Essentials and Diet Therapy (Peckenpau)) Williams' Basic Nutrition & Diet Therapy, 15e (Williams' Essentials of Nutrition & Diet Therapy) Williams' Essentials of Nutrition and Diet Therapy, 11e Nutrition and Diet Therapy (Nutrition & Diet Therapy) Williams' Essentials of Nutrition & Diet Therapy, 9e Williams' Basic Nutrition & Diet Therapy, 14e (LPN Threads) Williams' Basic Nutrition & Diet Therapy Beating Prostate Cancer (Hormonal Therapy & Diet, 1) (Hormonal Therapy & Diet, 1) Krause's Food & the Nutrition Care Process, 14e (Krause's Food & Nutrition Therapy) Manual of Medical Nutrition Therapy: A Nutrition Guide for Long Term Care in Louisiana Nutrition Therapy and Pathophysiology (Available Titles Diet Analysis Plus) Nutrition and Diet Therapy Nutrition and Diet Therapy for Nurses Nutrition and Diet Therapy Evidence-Based Applications Nutrition And Diet Therapy: Self-Instructional Approaches NutriNotes: Nutrition and Diet Therapy Pocket Guide DASH Diet for Beginners: Top DASH Diet Recipes for Weight Loss, Fat Loss and Healthy Living: Dash Diet Recipes, Book 1 Nutrition & Diet Therapy Prentice Hall Reviews & Rationales: Nutrition & Diet

